



June 29, 2020

COVID-19 UPDATE – LINCOLN COUNTY, NC

Lincolnton, NC –

The following counts are based on data reported to the Lincoln County Health Department as of today:

Lincoln County Specific Data - COVID-19			
Positive - Active Cases	Positive - Recovered Cases	PUIs	Deaths
74	171	18	2

- A positive recovered case is a person who has now met the state criteria for clearance.
- A PUI is a person who was tested for COVID-19 and is self-isolating until results are received.

→ **The next Lincoln County COVID-19 update will be released on July 1, 2020.**

ONLINE TOOLS TO INCREASE ACCESS TO TESTING

Do you think you should be tested for COVID-19?

Check My Symptoms Tool: www.ncdhhs.gov/symptoms

- A public website that allows people to check their symptoms to decide if they should be tested.

Find My Testing Place: www.ncdhhs.gov/TestingPlace

- A public website that helps people locate testing sites near you.

COVID-19 Community Team Outreach (CCTO) Tool

- An online software that helps people track their symptoms when advised to do so by the COVID-19 Community Team to help with contact tracing statewide. Access to the tool will be provided as needed.

LINCOLN COUNTY CONTACT TRACING INFORMATION

- Local health department staff continue to communicate with people who may have come into close contact with someone who tested positive for COVID-19 to provide information, resources, and support during the quarantine period.
- It is important that you continue to work with our contact tracing team to determine your risk for COVID-19 and limit the spread in our community to protect those at high risk.
- Contact tracers WILL NEVER ask for your social security number or financial information.
- All information shared during the calls is considered private health information and will be kept confidential.

REMEMBER THE “3 W’s” AND REDUCE YOUR RISK OF EXPOSURE TO COVID-19

- Wear a cloth face covering when in public. For instructions to make your own face cover, visit: <https://bit.ly/2ziTQpJ>.
- Wait in lines for service at least 6 feet apart to avoid close contact.
- Wash your hands often with soap and water for at least 20 seconds, or rub hands with hand sanitizer containing at least 60% alcohol until they feel dry.

COVID-19 CONSIDERATIONS GOING FORWARD

- As the Coronavirus pandemic continues to unfold, the likelihood of being exposed to COVID-19 will continue to increase as cases increase.
- As cases continue to increase, many residents will know someone that may become infected while others may contract COVID-19 themselves.
- While stress and anxiety may run high due to direct impact, it is important to understand that the virus has a very high recovery rate.
- Please refrain from spreading rumors and inaccuracies regarding COVID-19 occurrences to help reduce stress and minimize community panic.

COVID-19 RESOURCES IN LINCOLN COUNTY

- Lincoln County Health Department triage line, Monday-Friday, 8am-5pm: 704-736-8510.
- Atrium Health triage line, 24/7: 704-512-5700
- Novant Health triage line, 24/7: 877-499-1697
- For assistance during COVID-19, Dial 211 or 888-892-1162, or Text COVIDNC to 898211
- For a COVID-19 Lincoln County Resource Guide, visit <https://bit.ly/3bAeAbf>
- If you are feeling stressed or overwhelmed due to COVID-19 and would like to talk to a counselor, call the free and confidential Hope4NC Helpline at **1-855-587-3463**.
- To sign up to receive Citizen Alerts about emergencies or other important community news, visit <https://bit.ly/2XKYx5U>

MONITOR INFORMATION AND COMMUNICATIONS AS IT IS RELEASED

- To view the COVID-19 North Carolina Dashboard, visit covid19.ncdhhs.gov/dashboard.
- For Lincoln County specific updates regarding COVID-19: <https://bit.ly/2X9N9R8> and www.LincolnCounty.org/health
- For state and federal information regarding COVID-19: [CDC](https://www.cdc.gov) and [NCDHHS](https://www.ncdhhs.gov)

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